

Kristin Nickells

Certified Executive Coach



Kristin has more than 25 years of experience providing business services & training to professionals and business owners.

Her educational background includes business administration and accounting and a Graduate Certification in Executive Coaching from Royal Roads University.

Kristin is an entrepreneur herself and has managed her own company for nearly three decades. Her passion is teaching, coaching and speaking engagements.

She lives on Vancouver Island, is an avid curler and golfer and is grandmother to two little girls.



"Figure out what you're good at, and do it on purpose"

-Dolly Parton

Nickellsilver
Business Solutions Inc.

Kristin Nickells,
Certified Executive Coach

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Nickellsilver
Business Solutions Inc.

Coaxing out your inner entrepreneur



Kristin Nickells, CEC

Executive Coaching
Business Training
Speaking Engagements

Executive Coaching

The word 'coach' conjures up an image of a sports coach; the expert, the one with all the answers. Executive Coaching has changed all that; a new paradigm has emerged. In this new form, you are the expert and the coach is a 'thinking partner'.

Coaches provoke a path of thought through the use of strategic questions.

Executive coaching is usually one-on-one and is carried out in 3mo-1 year contracts, in a safe, confidential, non-judgemental environment.

*A good coach doesn't provide the right answers,
a good coach provides the right questions!*

As a coach, I bring to our relationship, enough experience in the business arena & life experience to provide insight, heart to be empathetic and backbone to challenge and provide honest, useful feedback.



***It's now cool
to have a coach!***

Business Bootcamp

Not as tough as it sounds,
Business Bootcamp is a multi-session program that teaches the fundamentals of business; structure, management, accounting basics and operations.

It is designed for those who are in professions and have no business training, or for those new to business or wanting a refresher!

You will learn the basics that you need to maintain and manage a healthy business with intent:

Accounting ABC's (123's?)

Basic Business Structures

Systems Thinking

Elements of a Single-page Business Plan

Three Key Focus Points of Business

Financial Statements - The Whole Story

Business Bootcamp programs run twice per year, either in person or on-line. Plans include access to the on-line live classroom environment used by major universities. Stay tuned - you may be able to attend this bootcamp in your slippers!

For more information, please visit
www.nickellsilver.ca or email to

nickellsilver@shaw.ca.

SEE YOU AT CAMP!

Speaking Engagements



Need a speaker for your next study club, association or business group?

I would be pleased to be invited to speak to your group on a variety of topics including:

Accounting 101 With Humour
Understanding Financial Statements
& Basic Accounting

Elements of a One-Page Business Plan
(The quick way to a plan that works!)

Systems Thinking
(Reframing for fast, effective business decision making and rapid cognition of the 'big picture')

A Coaching Culture
(The Secret to Harmony in the Workplace)

What is Executive Coaching?
(and how & why it works for small business)

I have a lighthearted approach and impart good basic business information with passion and humour.

For more information & schedule,
please contact me.