Kristin Nickells

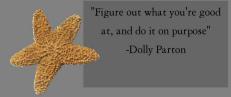


Kristin has more than 25 years of experience providing business services & training to professionals and business owners.

Her educational background incudes business administration and accounting and a Graduate Certification in Executive Coaching from Royal Roads University.

Kristin is an entrepreneur herself and has managed her own company for nearly three decades. Her passion is teaching, coaching and speaking engagements.

She lives on Vancouver Island, is an avid curler and golfer and is grandmother to two little girls.



Nickellsilver

Business Solutions Inc.

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Business Solutions Inc.



Kristin Nickells, CEC

Executive Coaching Business Training Speaking Engagements

Executive Coaching

The word 'coach' conjures up an image of a sports coach; the expert, the one with all the answers. Executive Coaching has changed all that; a new paradigm has emerged. In this new form, you are the expert and the coach is a 'thinking partner". Coaches provoke a path of thought through the use of strategic questions.

Executive coaching is usually one-on-one and is carried out in 3mo-1 year contracts, in a safe, confidental, non-judgemental environment.

A good coach doesn't provide the right answers, a good coach provides the right questions!

As a coach, I bring to our relationship, enough experience in the business arena & life experience to provide insight, heart to be empathetic and backbone to challenge and provide honest, useful feedback.



It's now cool to have a coach!

Business Bootcamp

Not as tough as it sounds,
Business Bootcamp is a multi-session program
that teaches the fundamentals of business;
structure, management, accounting basics
and operations.

It is designed for those who are in professions and have no business training, or for those new to business or wanting a refesher!

You will learn the basics that you need to maintain and manage a healthy business with intent:

Accounting ABC's (123's?)
Basic Business Structures
Systems Thinking
Elements of a Single-page Business Plan
Three Key Focus Points of Business
Financial Statements - The Whole Story

Business Bootcamp programs run twice per year. either in person or on-line. Plans include access to the on-line live classroom environment used by major universities. Stay tuned - you may be able to attend this bootcamp in your slippers!

For more information, please visit

www.nickellsilver.ca or email to

nickellsilver@shaw.ca.

SEE YOU AT CAMP!



Need a speaker for your next study club, association or business group?
I would be pleased to be invited to speak to your group on a variety of topics including:

Accounting 101 With Humour Understanding Financial Statements & Basic Accounting

Elements of a One-Page Business Plan (The quick way to a plan that works!)

Systems Thinking
(Reframing for fast, effective business decision making and rapid cogniton of the 'big picture')

A Coaching Culture
(The Secret to Harmony in the Workplace)

What is Executive Coaching? (and how & why it works for small business)

I have a lighthearted approach and impart good basic business information with passion and humour.

For more information & schedule, please contact me.